



The Royal Ministry of Foreign Affairs presents its compliments to the Heads of Mission accredited to Oslo and has the honour to inform them about the newly adopted regulation on quarantine upon arrival in Norway.

It follows from this regulation that any individual arriving from abroad must be in quarantine for 14 days from the day of arrival in Norway. People arriving with or developing symptoms of cold or flu, such as coughing, fever or shortness of breath, must isolate until 7 days after symptoms have ceased.

People in transit in airports may continue their journey without quarantine.

Individuals in quarantine without symptoms of disease are allowed to abandon the place of quarantine in order to leave the country. Transportation from the place of quarantine to the place of departure must be arranged in accordance with necessary health requirements.

Attached is an English translation of the quarantine regulations, which can be found on the Lovdata webpage

<https://lovdata.no/dokument/LTI/forskrift/2020-03-17-326>

The Royal Ministry of Foreign Affairs avails itself of this opportunity to renew to the Heads of Mission accredited to Oslo the assurance of its highest consideration. 

Oslo, 17 March 2020

Heads of Mission
Accredited to Oslo

